

SAMPLE DAILY SCHEDULE

(All schedules will be flexible and dependent upon your child's school curriculum)

FULL DAY SCHEDULE

with Handwashing Between All Activities 

7:30-8:10 am	Start of Day Meeting (Get into the Groove)
8:10 -10:00 am	Distance Learning Block
10:00-10:30 am	Break (Minds on the Move)
10:30-11:45 am	Distance Learning Block
11:45 am-12:15 pm	Lunch
12:20-12:45 pm	Outdoor/Gym Time; Movement Games, Brain Break
12:45-1:00 pm	Minds on the Move
1:00-2:00 pm	Distance Learning Homework
2:00-2:30 pm	Outdoor/Gym Time; Movement Games
2:30-2:45 pm	Theme-Related Activity (Friends and Feelings)
2:45-3:05 pm	Transition to After School Activities/Flexible Pick-up Times
3:05-3:30 pm	Snack
3:30-4:00 pm	Outdoor Play/Fitness and Group Game Activity
4:00-4:45 pm	<ul style="list-style-type: none">• Homework• Reading• Journals• Quiet Time Activities (Take 20 to Tune In)
4:45-5:00 pm	Reflect and Connect
5:00-5:30 pm	Rotating Curriculum <ul style="list-style-type: none">• Theme-based Activity• SEL Activity• Virtual Adventures• Tech Track• Projects
5:30-6:00 pm	<ul style="list-style-type: none">• Child-directed Learning• Project-Based Activities• Clubs• Interest Areas